

# Taoist Tai Chi Society, Australia

## ACT Branch Classes, Session 3, 2019



### Beginner Classes

#### Session 3, 2019 – Classes starting end of August

Class duration: 1 hr 30 min

In the following locations at the start date and times shown

<b>Ainslie</b>	<b>Thurs 2:30 pm</b>	<b>29 August</b>	All Saints Church Hall, Cowper St
<b>Charnwood</b>	<del><b>Mon 6:30 pm</b></del> Class cancelled	<del><b>26 August</b></del>	Charnwood Primary School, Bettington Circuit
<b>Cook</b>	<b>Tues 9:15 am</b>	<b>27 August</b>	Cook Neighbourhood Hall, 41 Templeton St
<b>Dickson</b>	<b>Sat 10:30 am</b>	<b>31 August</b>	Majura Community Hall, 2 Rosevear Pl, Dickson
<b>Gungahlin</b>	<b>Fri 9:30 am</b>	<b>30 August</b>	Birrilee Scout Hall, 5 The Valley Avenue
<b>Hackett</b>	<b>Wed 9:15 am</b>	<b>28 August</b>	Folk Dance Canberra Hall, 114 Maitland St, Hackett
<b>Phillip</b>	<b>Tues 11:00 am</b> <b>Wed 11:30 am</b> <b>Wed 6:30 pm</b> <b>Fri 9:30 am</b> <b>Sat 9:30 am</b>	<b>27 August</b> <b>28 August</b> <b>28 August</b> <b>30 August</b> <b>31 August</b>	65 Dundas Court (upstairs)
<b>Tuggeranong</b>	<b>Thurs 5:30 pm</b>	<b>29 August</b>	Tuggeranong Seniors Centre, 101, Cowlshaw St

### Continuing classes:

In the locations shown (address above) and times

**Ainslie** Wednesday 6:30 to 8:00 pm  
Thursday 1:00 to 2:30 pm (incl pain relief)

**Charnwood** Monday 6:30 to 8:00 pm

**Cook** Tuesday 11:00 am to 12:30 pm

**Dickson** Saturday 9:00 to 10:30 am

**Gungahlin** Friday 11:15 am to 12:45 pm

**Hackett** Wednesday 11:00 am to 12:30 pm

**Phillip** Monday 6:30 to 8:00 pm  
Tuesday 9.30 to 11:00 am  
Tuesday 6:30 to 8:30 pm  
Wednesday 10:00 to 11:30 am  
Thursday 10:00 am to 12:00 pm  
Friday 11:15 am to 12:45 pm  
Saturday 8:00 to 9:30 am  
Saturday 11:15 am to 12:45 pm

**Tuggeranong** Thursday 7:00 to 8:30 pm (from 29 August – currently starting at 6pm)

### Lok Hup and/or Sword practice

**Ainslie** Wed 6:00 to 6:30 pm  
**Charnwood** Mon 6:15 to 6:30 pm  
**Cook** Tuesday 12:30 to 1:00 pm  
**Dickson** Sat 8:30 to 9:00 am

**Hackett** Wed 10:45 to 11:00 am  
**Phillip** Mon 4.45 to 5.15pm  
Tues 9:00 to 9:30am  
Wed 9:30 to 10:00am  
Thurs 9:30 to 10:00am  
Sat 12:45 to 1.30 pm

### Chanting

**Phillip** Mon 5:15 to 6:15 pm

**ACT contact details:** Call 6249 6117, act@taoist.org, www.taoist.org.au