



**TAOIST TAI CHI
SOCIETY OF AUSTRALIA**
Adelaide Branch

**UNITED NATIONS DAY OF OLDER PERSONS
OCTOBER 1, 2017**

COME AND CELEBRATE

**Join us for a FREE come & try class
SUNDAY, OCTOBER 1 from 2 – 3PM
North Adelaide Community Centre
176 Tynte St, North Adelaide**



PROMOTING PHYSICAL, MENTAL & SPIRITUAL WELLBEING

Come dressed in flat sole shoes and comfortable clothing. Just turn up - no pre-registration needed.

For enquiries, contact: 0423776955 or email: adelaide@taoist.org

**Taoist Tai Chi Society of Aust Inc
A volunteer, non-profit and charitable organisation**