



OPEN HOUSE

Taoist Tai Chi™ arts of health

Saturday

2 February 2019

2:00pm to 3:30pm

Free

Location: Upstairs, 65 Dundas Court Phillip

The program will start at 2:00pm and include a demonstration, a 'have a go' session for members of the public, a short talk by a couple of members about the health benefits they've experienced from tai chi, followed by afternoon tea.

The ACT Branch will also be holding an open class / information session from 9:45 – 10:30am at Majura Community Hall, 2 Rosevear Place, Dickson on the same day, 2 February.

For further information contact act@taoist.org, visit the website at www.taoist.org.au or Phone 02 – 6249 6117



2019 The Year of the Pig