



All Seniors Free Tai Chi Lesson!



Taoist Tai Chi invites all seniors to come along for a demonstration of Tai Chi and a Free Lesson followed by morning tea with the local members to celebrate Seniors Week & International Day of the Older Persons

**Saturday 30th September
10:00am at the Karate Club
Margaret River**

**Phone 0407 572 455 or email leeuwin.naturaliste@taoist.org
if you require further information**