



Taoist Tai Chi™

Short Course

10 - 11 November 2018

Are you short of time?

People of all ages can learn and benefit from the gentle turning and stretching movements of Taoist Tai Chi™ internal arts of health. It is a self-regulated form of exercise that lends itself to the needs of all participants. Young and old alike enjoy the friendly and welcoming nature of the Society.

In just a weekend you can do one of our 'accelerated' short courses and get an introduction to the Taoist Tai Chi™ internal arts of health. You will get a foundation for further development through our regular classes and workshops.

Using the Society's proven instruction method developed by our founder Master Moy Lin-shin, you will quickly begin to experience the many benefits of this art for health and well-being. If you've never taken a class with us before, this is a thorough introduction to our form. If you are already a member, this is an excellent way to review and/or complete the set.



Learn the Full Tai Chi Set in a Weekend

This weekend short course will introduce students to the full 108 moves of our tai chi set. Package includes 4 months' additional membership so that you can join ongoing unlimited weekly classes for no extra cost.

You will also receive a \$50 voucher towards payment for a full year's membership, to use at the end of your 4 month membership. All round great value!

COST

- * Regular \$190;
- * Seniors \$175;
- * Concession card holders \$150;
- * Youth (under 18) \$95.

Existing members: \$50 for whole weekend

*All-inclusive: Includes free t-shirt, registration fee, four months' membership, plus a free \$50 voucher towards annual membership, plus a \$25 workshop voucher.

Short Course 2018

BAYSWATER

52 Railway Parade
Bayswater WA

10-11 NOVEMBER

Saturday • 10 November
1:00pm to 5:00pm
Sunday • 11 November
9:30am to 4:30pm



ADVANCE REGISTRATION IS ESSENTIAL

Online Registration

See www.taoist.org.au

(Short Courses page)

Email registrar.wa@taoist.org

or phone: 1800 108 801

Taoist Tai Chi Society of Australia Inc

www.taoist.org.au 

CALL 1800 108 801 OR 9371 7033

EMAIL registrar.wa@taoist.org