



TAOIST TAI CHI SOCIETY OF AUSTRALIA INC.

Adelaide Branch

Postal Address: PO Box 107, Prospect, SA 5082

Phone: 0423 776 955 Email: adelaide@taoist.org Web: www.taoist.org.au

ABN: 35 295 945 206 A volunteer, non-profit and charitable organisation.

BEGINNER CLASS SCHEDULE : TERM 1 of 2019

Dates shown below are the start dates for each new Beginner course.

Each class is held once per week for three months, during which time you will learn the 108 movements of the Taoist Tai Chi™ Set.

Please note: The Taoist Tai Chi Society of Australia Inc. reserves the right to consolidate classes with less than six participants.

Class Locations:

Blackwood: Blackwood Memorial Hall, 21 Coromandel Parade, Blackwood

Fullarton: Fullarton Park Centre, 411 Fullarton Road, Fullarton
(Banquet Room or Lounge/Dining Room - enter via the southern side of the building)

Glenelg: St Martin's Anglican Church Hall, 45 Hastings Street, Glenelg

Hahndorf: Hahndorf Memorial Institute, 59 Main Street (Mount Barker Rd), Hahndorf

Kilburn: Kilburn Community Centre, 59 Gladstone Avenue, Kilburn (Stadium or Hall)

Mt Barker: Prince of Wales Masonic Lodge Hall, 29 Hutchinson Street, Mt Barker
(Enter via the side path to the left of the main building)

Community Centre Hall, Lifestyle Village, Cnr Hurling Drive & Albert Road, Mount Barker

Nairne: Nairne Primary School Gymnasium, Saleyard Road, Nairne

Start Date	Time	Location
Monday 4 Feb 2019	9.30 – 11.00 am	Fullarton – Banquet Room
Monday 4 Feb 2019	6.00 – 7.30pm	Kilburn
Tuesday 5 Feb 2019	9.30 – 11.00 am	Glenelg
Tuesday 22 Jan 2019	6.30 – 8.30 pm	Fullarton – Banquet Room
Tuesday 5 Feb 2019	7.30 – 9.00pm	Mt Barker (Hutchinson Street)
Wednesday 6 Feb 2019	1.00 – 2.30 pm	Hahndorf
Thursday 7 Feb 2019	10.00 – 11.30 am	Mt Barker Lifestyle Village
Thursday 7 Feb 2019	1.00 – 2.30 pm	Blackwood
Friday 8 Feb 2019	10.30 am – 12.00 pm	Mt Barker (Hutchinson Street)
Saturday 9 Feb 2019	9.30 – 11.00 am	Kilburn - Stadium
Saturday 9 Feb 2019	1.00 – 2.30 pm	Nairne

We encourage members to attend as many Beginner classes as possible, to consolidate learning and to enhance the health benefits of Taoist Tai Chi™ practice.

There is no additional cost for attending multiple classes.