



# TAOIST TAI CHI SOCIETY OF AUSTRALIA INC.

Adelaide Branch

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ABN: 35 295 945 206 A volunteer, non-profit and charitable organisation.

## CONTINUING CLASS SCHEDULE - 2019

Continuing classes are available to members who have completed, or are currently attending Beginner classes. We encourage members to attend as many classes as possible, to consolidate learning and to enhance the health benefits of Taoist Tai Chi™ practice. There is no additional fee for attending multiple classes.

Please note: The Taoist Tai Chi Society of Australia Inc. reserves the right to consolidate classes with less than 6 participants.

### Class Locations:

**Fullarton:** Fullarton Park Centre, 411 Fullarton Road, Fullarton  
(*Banquet Room or Lounge/Dining Room - enter via the southern side of the building.*)

**Glenelg:** St Martin's Anglican Church Hall, 45 Hastings Street, Glenelg

**Hahndorf:** Hahndorf Memorial Institute, 59 Main Street (Mount Barker Rd), Hahndorf

**Kilburn:** Kilburn Community Centre, 59 Gladstone Avenue, Kilburn  
(*Stadium or Hall.*)

**Mt Barker:** Prince of Wales Masonic Lodge Hall, 29 Hutchinson Street Mt Barker  
(*Enter via the side path to the left of the main building.*)

**Nairne:** Nairne Primary School Gymnasium, Saleyard Road, Nairne  
(*The Gym is below street level, adjacent to the OSHC building.*)

Day – Commencing	Time	Location
Monday – 21 Jan	11.00 am - 1.00 pm	Fullarton – Banquet Room
Monday – 14 Jan	7.30 - 9.00 pm	Kilburn - Hall
Tuesday – 15 Jan	11.00 am - 1.00 pm	Glenelg
Tuesday – 22 Jan	6.00 - 8.00 pm	Fullarton – Banquet Room
Tuesday – 15 Jan	6.00 - 7.30 pm	Mt Barker
Wednesday – 16 Jan	1.00 – 2.30 pm	Hahndorf
Thursday – 24 Jan	6.00 - 8.00 pm	Fullarton – Lounge/Dining Room
Friday – 18 Jan	9.00 – 10.30 am	Mt Barker
Saturday – 19 Jan	11.00 am - 1.00 pm	Kilburn - Stadium
Saturday – 19 Jan	2.30 - 4.00 pm	Nairne

### Lok Hup Ba Fa (first half) practice sessions\* are held at :

- Fullarton 3<sup>rd</sup> Monday of the month from 1:00pm – 1:30pm.
- Nairne 3<sup>rd</sup> Saturday of the month from 4:00pm – 4:30pm.

\*These practice sessions are available to members who have completed a Lok Hup Ba Fa (First Half) Workshop.

\*Lok Hup Ba Fa is not taught at these sessions.

\*Please note that these sessions being held is dependent on sufficient member interest.