



# National Weekend Workshop Eastern Region

## Sunshine Coast

*Learn how to improve your tai chi  
and get more health benefits.  
Open to all members and suitable  
for all levels.*

### WHEN AND WHERE

Weekend of 30–31 March 2019

Beerwah and District Community Hall  
adjacent public library  
25 Peachester Rd, Beerwah

### COST

Weekend: AUD \$80  
No daily rates

### TIMES

Sat 9:30am – 5:30pm  
Sun 9:30am – 2:00pm

### MEALS PACKAGE

Sat lunch \$10

Sat Dinner order from menu at Beerwah Hotel  
Sun lunch \$10 take-away (optional)

*Includes Eastern Regional Annual  
Meeting at 1:30pm Saturday*

### REGISTRATION

Please register online at [www.taoist.org.au](http://www.taoist.org.au)

### More information

email: [sunshinecoast@taoist.org](mailto:sunshinecoast@taoist.org)