



*Taoist Tai Chi™*

# Intensive *in Toowoomba*

This is an opportunity to learn how to get more health benefits as well as improve your tai chi and other Taoist arts.

Intensives provide the chance to work on particular moves & give a greater understanding of Taoist Tai Chi™ internal arts of health.

### Registration for workshop & lunch:

- Phone 4638 5009
- Email [toowoomba@taoist.org](mailto:toowoomba@taoist.org)
- Add your name to the sign-up sheet.

*This workshop is  
suitable for members of  
all levels.*

**WHERE:** Toowoomba Branch  
10 Gregory Street,  
Harlaxton

**WHEN:** Saturday  
12<sup>th</sup> October 2019  
1:00pm to 4:00pm  
INCLUDES AFTERNOON TEA

**COST:** \$25  
(Workshop voucher can be used)

There will be an optional light lunch at 12md, prior to the workshop - \$5 donation. Please add your name to the sign-up sheet.

[www.taoisttaichi.org](http://www.taoisttaichi.org)

Taoist Tai Chi Society of Australia Inc  
A VOLUNTEER, NON-PROFIT AND CHARITABLE ORGANISATION