



Taoist Tai Chi®

Intensive in Toowoomba

This is an opportunity to learn how to get more health benefits as well as improve your tai chi and other Taoist arts.

Intensives provide the chance to work on particular moves & give a greater understanding of Taoist Tai Chi® internal arts of health.

Registration for workshop & lunch:

- Phone 4638 5009
- Email toowoomba@taoist.org
- Add your name to the sign-up sheet.

This workshop is suitable for members of all levels.

Where: Toowoomba Branch
10 Gregory Street,
Harlaxton

When: Thursday
2nd May 2019
9:30am to 12:30pm
INCLUDES MORNING TEA

Cost: \$25
(Workshop voucher can be used)

The workshop will be followed by an optional light lunch - \$5 donation.